



## 運動員賽前心臟檢查計劃

### PRE-PARTICIPATION CARDIOVASCULAR EVALUATION FOR ATHLETES

HK\$ 1000

- 心臟專科醫生諮詢 Cardiologist Consultation
- 體格檢查 Physical Examination
  - 體重 Weight, 身高 Height, 體重指數 BMI, 腰圍 Waist Circumference, 血壓 Blood Pressure
- 驗血 Blood Test
  - 血脂 Lipid Profile, 血糖 Blood Glucose
- 心臟評估 Cardiac Assessment

- 心電圖 Electrocardiography

◇ 建議從上述檢查中的高危險群應進行進一步檢查。

Recommended to undergo further investigation for positive results from the above examinations.

#### OPTIONAL

- <35 歲: 心臟超聲波 Echocardiogram
- >35 歲: 低輻射心臟電腦掃描 Low Radiation Cardiac CT

#### \*備註 Remarks:

在測試前禁食 6-8 小時，可飲清水

For the best result, please take 6-8 hour fasting before blood test.

預約及查詢請致電 (852)2779 8388 或電郵至 [info@pro-cardio.com](mailto:info@pro-cardio.com) 與我們聯絡。

For appointment and enquiries, please contact us at (852)2779 8388 or email us at [info@pro-cardio.com](mailto:info@pro-cardio.com).